

204 - Co-Management of Patients in the Age of Technology

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## Two Steps to Receive CE Units

- Complete the course evaluation
- Hand in your course ticket at the conclusion of this course

## Speaker Disclosures

2

Commercial Interest	Nature of Relevant Financial Relationship	Title or Role
SynergEyes	Honoraria	Speaker
International Keratoconus Academy	Honoraria	Speaker
Reed Expositions (Vision Expo)	Honoraria	Speaker

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A Little Vocabulary

Referral

A doctor sends a patient to another doctor or specialist to manage and treat a particular problem including a complete transfer of care

Consult

A doctor sends a patient to another doctor or specialist to evaluate a particular problem and issue a report back to the primary physician; transfer of care does not occur

Co-Management

The planned transfer of care during the global period from the operating surgeon to another qualified provider when clinically appropriate

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Billing Co-Management Services · Reimbursement for post-operative care of ophthalmic procedures is 20% of the surgical fee allowance · If more than one doctor provides post-operative care payments will be divided based on the number of days for which each doctor was responsible \*Commercial payors may have different guidelines and some commercial plans may not allow for co-management\*

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The (Almost) Game-Changer In 2014 CMS issued a bulletin implementing a plan to move all surgical procedures to a global period of zero days Targeted cardiovascular, orthopedic, and ophthalmological surgeries Stiff resistance encountered from organized medicine · Transfer of costs to patients Congress passed MACRA in 2015 Ended the sustainable growth model for Medicare
 Banned CMS from implementing their plans for surgical global periods Directed CMS to obtain data from a "representative sample of physicians" to determine proper reimbursement (begins 1/1/2017)

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Cataract Surgery Statistics · 3.6 million cataract surgeries performed in 2015 Approximately 19,000 practicing ophthalmologists in the U.S.A. Approximately 9,000 ophthalmologists perform cataract surgery

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Modern Cataract Surgery

Multitude of IOLs

Toric (AcrySof IQ, Tecnis Toric, Staar Toric)

Helpful Hints

Every degree of misalignment results in a 3.3% reduction in cylinder correction

Consider dilating toric IOL patients on day 1 to quickly identify a misaligned IOL

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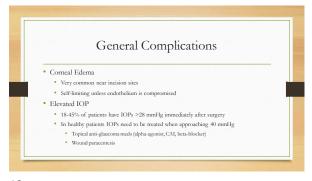
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LAL: Potential Pitfalls

Patients must be able to be fully dilated to 7-8 mm in order to receive the full treatment
Failure to wear UV blocking glasses may cause the lens to prematurely "lock"
Extra visits

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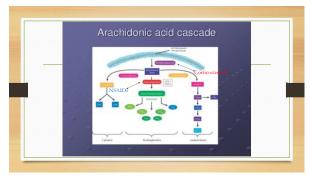






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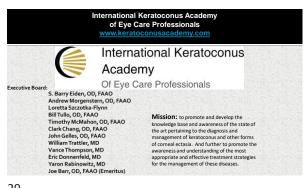








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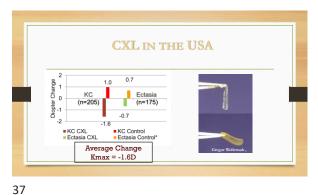


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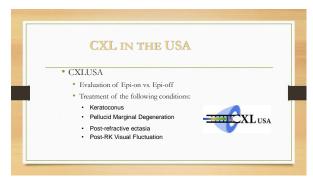
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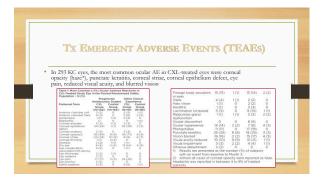








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Tx EMERGENT ADVERSE EVENTS (TEAES)

During Mth 1: Majority of adverse events reported resolved

Lip to Mth 6: Corneal epi-defect, corneal striae, punctate keratitis, photophobia, dry eye and eye pain, and decreased visual acuity

Lip to Mth 12: Corneal opacity or haze

In 1-2% of patients, corneal epithelium defect corneal opacity and corneal scar continued to Mths

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Patient Evaluation

Riboflavin

Develop hypotonic formulations without Dextran

Treatment of Epithelium

Break hemidesmosomes with pharmaceuticals

Patient Evaluation

Evaluate patients for riboflavin penetration rather than reliance on rigid timing rules

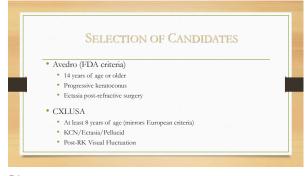
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**EPI-ON: OUR PROTOCOL** · Modified Epi-On Procedure · Removal of 5 microns of tissue with the excimer laser · 25 minutes of riboflavin loading · Patient evaluation prior to treatment  $\bullet~$  Epi-off required for corneal thicknesses less than 400microns Ensures maximal stromal swelling to protect against UV damage

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PRE-OPERATIVE MANAGEMENT • Management of Expectations · No inherent refractive correction · Stabilization of corneal structure • Pain Management

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POST-OPERATIVE MANAGEMENT • Epi-Off CXL The use of the bandage lens is recommended until re-epithelialization occurs • Stop the NSAID after 1 week Stop the antibiotic once epithelium is intact Balance the use of the steroid so as to eliminate scarring vs. inhibiting re-epithelialization · Use copious amounts of artificial tears

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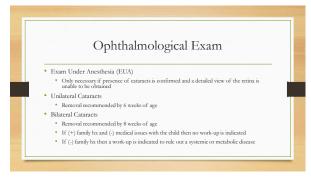
Co-Management of Complex Ocular Cases

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Pediatric Cataract Surgery

Post-Operative Refractive Management

Failure to correct the child properly will result in deprivation amblyopia similar to that if the cataracts had been left in place

Soft Contact Lenses

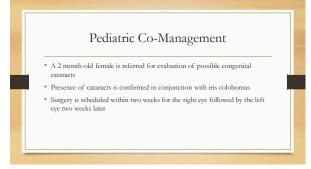
Infants = Silsoft (B&L)

Children and Adolescents = Prockar Compatibles and Biofinity XR

Corneal RGPs

PediaSite

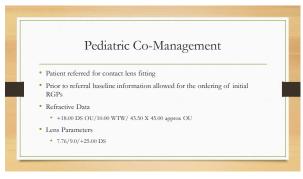
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Pediatric Co-Management

Post-Operative Results

Uncomplicated removal of cataract
Recalcitrant IOP – 45 mmHg at 1 week post-op
Patient placed on Combigan BID and goniotomy to be performed at time of left eye cataract surgery



Pediatric Co-Management

\* Initial Dispensing

\* Right eye exhibited 2.5D of residual myopia = perfect!

\* Left eye exhibited a slightly flat fit

\* Over-refraction of 40.50 DS

\* Final Lenses Dispensed

\* OD 7.76/9.0/+25.00

\* OS: 7.67/9.0/+26.50

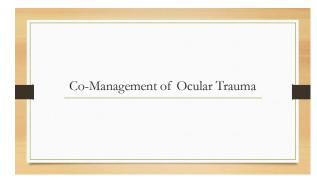
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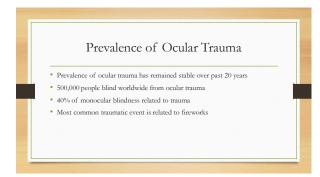


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Pour major types of trauma

Primary injury – eye is damaged from the shockwave itself
Sccondary injury – eye is damaged by fragments or shapnel
Tertiary injury – eye is injured due to the individual contacting another object
Quaternary injury – eye is injured by indirect forces or burns

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\*\*Spec Rx:

\* OD -1.25 -3.75 x 030 20/30 (with ghosting)

\* OS: -1.00 -0.50 x 100 20/20- (with ghosting)

\* Keratometry:

\* OD: -43.50/44.37

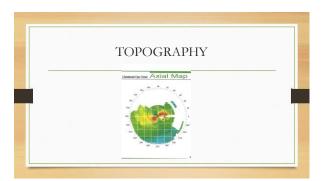
\* OS: -43.50/44.00

\* Pupil Size — Approx. 2.75-3.00 mm

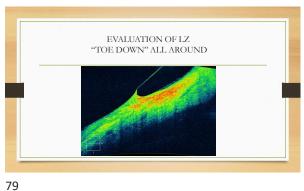
\* Corneal Diameter: Approx. 11.75 mm

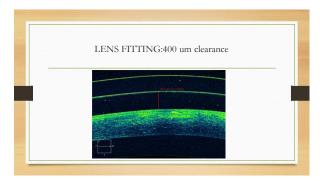
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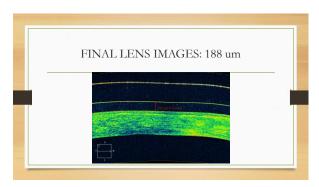


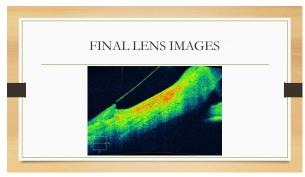
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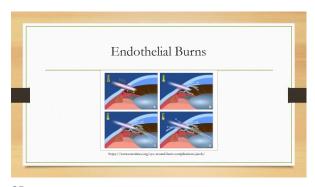


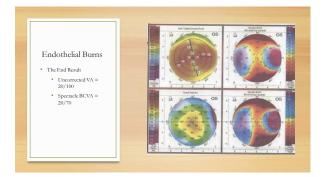












Scleral Lenses and Surgical Complications

- Specific Challenges
- Compromised Endothelium
- Small Apertures
- Decreasing Dexterity
- Use a Corneal GP!
- Well, we tried...
- Patient was unable to tolerate several corneal designs

Scleral Lenses and Surgical Complications

Michaud Criteria

To ensure adequate oxygen supply (and reduce hypoxic stress) the following should be followed:

Lens thickness of no more than 250 microns

Clearance of the cornea by no more than 200 microns

Unlize a high-dK material

87 88

Scleral Lenses and Surgical Complications

Which lens design most closely holds to this philosophy?

OneFit platform

7.50/15.2/+4.00 DS 110 CCR Optimum Extra

Results

Patient is able to obtain 20/25 vision during waking hours

Smaller overall diameter which improved ability to properly apply the lens

Oxygen delivery is maximized

Co-Management of Ocular Trauma

12 year old female was attending a family barbecue

Mother opened the door for a family member, and...

Skewered her daughter's left eye

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Co-Management of Ocular Trauma

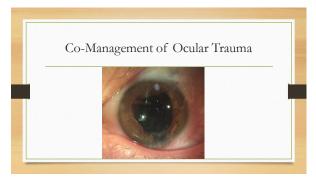
Late on a Saturday night the following was performed:

Repositioned iris

Removal of traumatic cataract and insertion of PCIOL

Suturing of cornea and repair of ruptured globe

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Co-Management of Ocular Trauma

1 Month Post-Op

MR -3.75 -3.25 x 175 (BCVA 20/70)

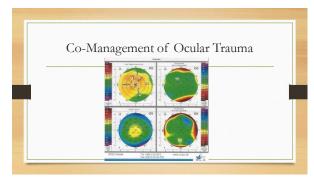
No evidence of endophthalmitis

Loose suture removed from inferior cornea

Referred for contact lens fitting to improve vision

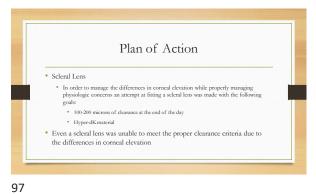
Wears -6.00 DS daily CLs in right eye

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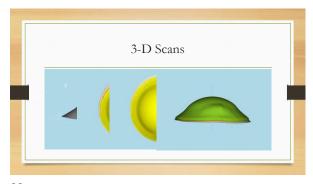




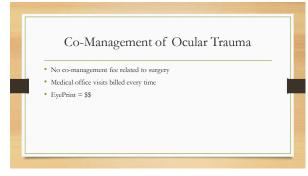
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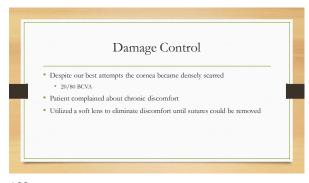












Why end on a down note?

• Without the "downs" we would not appreciate the successes

• Cherish your successes

• Celebrate with patients

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