STOPPING CONTACT LENS DROP OUTS

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Course Description:
Many contact lens practices experience as many contact lens patients dropping out of contact lenses as they experience dropping into contact lenses. This lecture will look at the major reasons why patients stop wearing contact lenses. Further examination will discuss productive ways to get patients to persist and succeed in contact lenses for a lifetime.

Learning Objectives
At the end of this course the participants will be able to:

1. Accurately identify major categories of circumstances/problems that can cause contact lens drop-outs.

2. Describe both causative factors and solutions for patients complaining of discomfort with their contact lenses.

3. Identify diagnostic testing for dry eye in contact lens patients and be able to implement a multi-level treatment strategy.

4. Identify contact lens options for patients that have visual clarity as their major contact lens related complaint.

5. Describe viable contact lens options for presbyopic patients based on their prescription and visual needs.

Outline:
1. Major categories of contact lens drop-out (10 minutes)
   a. Discomfort
   b. Hassle
   c. Out of correction options
II. Contact lens discomfort (45 minutes)

a. Dry eye
   i. Diagnostic testing
   ii. Categorization
   iii. Treatment strategies

b. Allergies
   i. Environmental controls
   ii. Treatment strategies

c. Pharmaceuticals
   i. Categories of offenders
   ii. Patient education

d. Cosmetics
   i. Categories of offenders
   ii. Patient education

e. Contact lens solutions
   i. Staining
   ii. Patient education

III. Lack of clarity (20 minutes)

a. VA’s vs. contrast sensitivity
b. Stereopsis
c. Impact of monovision/multifocals
d. Soft torics
e. RGPs

IV. Out of correction options (25 minutes)

a. Astigmatism
   i. Soft lenses
   ii. RGP lens options

b. Presbyopia
   i. Soft lenses
   ii. RGP options
   iii. Other solutions

c. Complex topographies
   i. Sclerals